

## Exhibit F

### Healthe Perceptions (HP) Program:

#### Healthe Perceptions Overview:

In an effort to improve the overall health of middle school-aged children, Healthe Kids developed the Healthe Perceptions (HP) program. Healthe Perceptions provides a free social-emotional learning curriculum, trauma sensitive school training, and social-emotional wellness screenings. The HP program will also help you connect with a Qualified Mental Health Professional (QMHP) to provide counseling services for children in grades sixth through eighth. In the event of a conflict between the terms of this Exhibit F and the Agreement, the terms of this Exhibit F shall control.

#### HP Goals:

- Enhance student and staff social-emotional skills through evidence-based curriculum.
- Support schools in creating a trauma-informed environment.
- Provide social-emotional screening. The HP program is not designed to diagnose or treat students.
- Identify potential mental health issues, make referrals for follow-up care, and track to see if the issues are resolved.
- Connect the school with community organizations to follow up on referrals and conduct individual and group interventions.
- Partner with the school to play a role in allowing each child to reach their full potential in the classroom.

#### HP Components:

- Professional Development for Staff
  - o Healthe Kids will conduct focus groups during the spring semester of the school year prior to the implementation of the HP program. The focus groups will explore the Organization's current mental health initiatives, gaps in services, and readiness and capacity to change.
  - o Healthe Kids will work with the Organization to provide staff training through community providers on topics identified by school staff.
- Social-Emotional Learning Curriculum:
  - o Each Participant will have the opportunity to participate in the Second Step social emotional learning curriculum.
  - o Each Participant will be asked to complete measures at the beginning, middle, and end of curriculum implementation. These measures will assess social, emotional, and motivational skills learned throughout the curriculum.
- Trauma Sensitive School Plan
  - o Each school will be eligible to attend Truman Medical Center's Trauma Sensitive School Summit through HP sponsorship. A team of 4-5 employees from the school will attend, along with a Healthe Kids associate who will assist in implementation.
  - o Healthe Kids will work with the Organization to implement trauma sensitive practices within their schools.

- Social-Emotional Wellness Screening (Only applicable with written consent from the child's parent or legal guardian):
  - o The Organization will work with Healthe Kids to obtain consent to participate in the social-emotional wellness screening. Healthe Kids will only screen individuals who have returned the signed HP program consent form.
  - o Each Participant's demographic information and health history, as provided by their parent or legal guardian, will be documented in the Participant's Health Record.
  - o Each Participant will complete The Hopelessness Scale for Children and the PCL-Civilian Version.
  - o The results of The Hopelessness Scale for Children and PCL-Civilian Version will be documented in the Participant's Health Record. A licensed clinician will review all documentation to identify and document if any referrals are required for the Participant, to be noted in the Participant's Health Record.
- On-site Provider:
  - o HP will coordinate with a QMHP through Truman Medical Center Behavioral Health (TMCBH) to provide counseling services during the school year.
  - o Organization will enter into a separate agreement with TMCBH for the QMHP's services.
- Research:
  - o Participants will have the opportunity to participate in a research project. This will assist in program improvement and to ensure the program is meeting its goals and objectives.
  - o The research is voluntary for Participants.

**Additional Scope of Services for Healthe Perceptions:**

***HKI agrees to:***

- Provide schedule for specific screening dates
- Provide supplies and equipment needed to implement the components
- Screen all Participants that have been registered for the screening and that are able to participate
- If a Participant is identified with an emergency health issue, the HP coordinator or his/her representative will refer the child to the Location contact. The HP coordinator or his/her representative will be responsible for documenting actions taken, the needs, and the personnel within the Location that had responsibility for the Participant, within the Participant's Health Record.
- Identify applicable referrals, based on the scope of the components of the HP social emotional wellness screening for Participants. Document such referrals and follow the process noted for referrals below.
- Document curriculum measure results, screening results, and school-wide measures and provide such results to the Parent and Location.

***Organization agrees to (on behalf of each Location):***

- Provide a resource to accept the delivery of necessary paperwork, permission forms, and other items related to the components

- Allow HKI representatives to observe HP in the school to ensure program is delivered as designed
- Attend the Trauma Sensitive Schools Summit and implement learnings
- Work with HKI to determine implementation dates and timelines
- Recognize identified referrals for Participants
  - o Acknowledge such referrals and follow the process noted for Referrals below.
- Provide data elements as specified below to the Healthe Kids corporate network's FTP server on a nightly basis, to enable Healthe Kids to access data extracts for research and analysis purposes.
- Provide data elements in the following populations:
  - o Student level includes identified data elements for students who have consented to participate in the research study
    - Identified student data elements include: Student ID, Student Name, DOB, gender, race, school, GPA, STAR scores, STAR percentile rank, school attendance, nurse visits, behavioral incidents by type, and behavioral incidents outcome by type.
  - o School level includes aggregate, de-identified data for the whole school, broken out by research participants and non-participants.
    - De-identified aggregate data fields collected at the school level include: gender, race and ethnicity, free and reduced lunch rate, STAR scores, behavioral incidents by type, behavioral incident outcome by type, and nurse visits.

Consented student academic data, behavioral incidents, and nurse visits will be collected in an identified manner. This identified data will be stored on a secured and limited-access virtual private network. Only Healthe Kids' data management team will have access to this private network. All such data will be anonymized using Informatica ETL tools, which will remove identifying information from the identified data tables and moved to a separate database and combined with the de-identified school aggregate data. All de-identified data, including school aggregate and anonymized student data, will be stored on the corporate network. Access to this database will be limited to Healthe Kids team members associated with the HP program. All data will be stored indefinitely or until a consenting party requests the removal of their records.

#### Referrals:

Children with issues identified through the Program are referred to the on-site QMHP for appropriate evaluation and follow-up care. Participants and their Parent(s) who do not have access to the resources required to address identified issues, and who meet income guidelines, can seek the assistance of the First Hand Foundation, a Healthe Kids partner, for the resources required to meet their immediate needs.

An HP navigator, in partnership with a designated individual at the Location (e.g., social worker, counselor, or other designated individual(s)) will perform follow-up phone calls and data collection regarding the status of outstanding referrals generated as a result of the screening and will encourage Parent(s) to seek appropriate follow-up care pursuant to such referrals.

#### Health Record:

Screening results, along with any other health information provided by a Participant or their Parent(s) are documented in a secure, web-based health record that enables continued confidentiality of such information.

Measurements of Success:

1. HP Program parameters and trends, such as:
  - a. Number of Organizations and Locations
  - b. Number of Participants
  - c. Participation rates
  - d. Hours of Professional Development and/or training
2. Social Emotional Measures, including PANORAMA measures
3. Outcomes, such as:
  - a. Disciplinary referrals
  - b. Attendance
  - c. Nurse visits
  - d. Bullying incidents
  - e. Trauma sensitive practice implementation

Research Project:

During the first year of the HP program, Healthe Kids will be conducting a research study to evaluate its effectiveness. Healthe Kids will obtain consent from the student and their legal guardian(s) to collect data and participate in the research study as defined in the consent form. The purpose of this study is to test the effectiveness of social emotional learning curriculum, social emotional wellness screenings, and the benefits of on-site mental health providers.

Organization agrees to support Healthe Kids in communicating the HP program and research study to students and their legal guardian(s). Healthe Kids will provide training to the school staff on the communication plan and will answer any questions that arise from the staff.

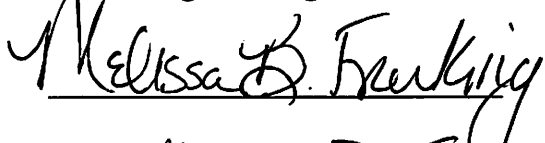
To indicate your acceptance, please sign where indicated below:

Healthe Kids Institute:

Organization:

Acknowledged and Agreed:

Acknowledged and Agreed:



\_\_\_\_\_

Name: Melissa B. Frerking

Name: \_\_\_\_\_

Title: VP of Clinical & Exec Dir of FH

Title: \_\_\_\_\_

Date: Sept 4, 2018

Date: \_\_\_\_\_